



WHAT'S ON IN CIRENCESTER

OCTOBER 2019

swcyberprotect@avonandsomerset.pnn.police.uk

ce.uk



[@swrccu](https://twitter.com/swrccu) | [in SW Regional Cyber Crime Unit](https://www.linkedin.com/company/swrccu) | www.swcybercrimeunit.co.uk

1st October 2019

At 12 – 1pm

Please book a place at reception

Pick up some useful tips on how to keep you and your business safe online

Appollo Massage Therapy

Chloe Creed

Healthcare Professional delivering
Massage

15th October 11am – 5.30pm

Chloe will be visiting UBC and offering

20 minute session massage - £20.00

30 minute session massage - £30.00

Please see main poster for full information

Book an appointment with reception



CAHOOTS
BUSINESS NETWORKING
EVENTS

Cahoots Business Networking Cirencester

by Lindsey Green

THURSDAY 10th October AT UBC
CIRENCESTER

10.00 – 12.00

TICKETS £11.25 - £16.58

<https://www.eventbrite.co.uk/e/cahoots-business-networking-cirencester-tickets-55340350478>

MENTAL HEALTH DAY

10TH OCTOBER 12.30 – 4.30pm

We are offering complimentary coaching sessions

with

Sam Hawkins – Unique Coaching

www.unique-coaching.co.uk

Martin Seville – Empathy Coaching

<https://empathycoaching.co.uk/>

Please see poster for more information and book a time with reception